



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Effective February 2, 2026

JOHN P. THAYER YMCA

POOL SCHEDULE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CLOSED

6:00 AM - 7:30 PM
 LAP SWIM
 FREE SWIM

4:10PM - 7:20PM
 SWIM LESSONS

6:00AM - 9:45AM
 LAP SWIM
 FREE SWIM

9:45AM - 11:15AM
 AQUA FIT ONLY

11:15 AM - 7:30 PM
 LAP SWIM
 FREE SWIM

5:00PM - 7:20PM
 SWIM LESSONS

6:00AM - 7:30PM
 LAP SWIM
 FREE SWIM

4:10PM - 7:20PM
 SWIM LESSONS

6:00AM - 9:45AM
 LAP SWIM
 FREE SWIM

9:45AM - 11:15AM
 AQUA FIT ONLY

11:15 AM - 7:30 PM
 LAP SWIM
 FREE SWIM

5:00PM - 7:20PM
 SWIM LESSONS

6:00AM - 7:30PM
 LAP SWIM
 FREE SWIM

8:30AM - 9:45AM
 LAP SWIM
 FREE SWIM

9:45AM - 11:15AM
 AQUA FIT ONLY

11:15 AM - 3:30 PM
 LAP SWIM
 FREE SWIM

LIFEGUARDS RESERVE THE RIGHT TO ASK ALL SWIMMERS TO SHARE LANES.
 LIFEGUARDS RESERVE THE RIGHT TO ASK ANY MEMBER OR NON-MEMBER TO LEAVE THE
 POOL AREA IF RULES ARE NOT BEING FOLLOWED.

JOHN P. THAYER YMCA
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ALL YMCA POOL RULES ARE IN ACCORDANCE WITH AND ADHERE TO GUIDELINES ESTABLISHED BY THE MUSCOGEE COUNTY HEALTH DEPARTMENT, THE STATE OF GEORGIA, AND THE CDC