



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Effective January 1, 2026

# JOHN P. THAYER YMCA

# GYM SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5 AM - 9 AM OPEN GYM	5 AM - 9 AM OPEN GYM	5 AM - 9 AM OPEN GYM	5 AM - 9 AM OPEN GYM	5 AM - 9 AM OPEN GYM	
	9 AM - 1 PM PICKLEBALL	9 AM - 1 PM PICKLEBALL	9 AM - 1PM ADULT BASKETBALL	9 AM - 1 PM PICKLEBALL	9 AM - 1 PM ADULT BASKETBALL	9 AM - 1 PM PICKLEBALL
1 PM - 4:45 PM ADULT BASKETBALL	1 PM - 6 PM OPEN GYM	4 PM - 5:30 PM Basketball Rental	1 PM - 6 PM OPEN GYM	4 PM - 5:30 PM Basketball Rental	1 PM-6PM Open Gym	1 PM - 3:45 PM BASKETBALL OPEN GYM (ALL AGES)
	6 PM - 8:45 PM ADULT BASKETBALL	6 PM - 8:45 PM VOLLEYBALL	6 PM - 8:45 PM PICKLEBALL	6 PM - 8:45 PM VOLLEYBALL	6 PM - 7:45 PM PICKLEBALL	



RESPECT THE RIGHTS OF OTHER GROUPS USING THE GYMNASIUM  
NO FOOD OR OPEN DRINKS ALLOWED; DISCARD ALL TRASH INTO TRASH CANS  
NO FOUL LANGUAGE WILL BE TOLERATED; NO HORSEPLAY OR FIGHTING  
NO HARD BALLS ALLOWED; NO HANGING ON RIMS

YMCA STAFF RESERVE THE RIGHT TO REMOVE ANYONE WHO CHOOSES NOT TO COMPLY WITH THE POSTED YMCA RULES AND POLICIES.

THE YMCA RESERVES THE RIGHT TO MAKE CHANGES TO THE GYMNASIUM SCHEDULE AS DEEMED NECESSARY.

JOHN P. THAYER YMCA

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