



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Effective August 4, 2025

JOHN P. THAYER YMCA

POOL SCHEDULE

SUNDAY

CLOSED

MONDAY

6:00 AM -
7:30 PM
LAP SWIM
FREE SWIM

4:10PM- 7:20PM
SWIM LESSONS

TUESDAY

6:00AM -
9:45AM
LAP SWIM
FREE SWIM

9:45AM - 11:15AM
AQUA FIT ONLY

11:15 AM -
7:30 PM
LAP SWIM
FREE SWIM

WEDNESDAY

6:00AM -
7:30PM
LAP SWIM
FREE SWIM

4:10PM- 7:20PM
SWIM LESSONS

THURSDAY

6:00AM -
9:45AM
LAP SWIM
FREE SWIM

9:45AM - 11:15AM
AQUA FIT ONLY

11:15 AM -
7:30 PM
LAP SWIM
FREE SWIM

FRIDAY

6:00AM -
7:30PM
LAP SWIM
FREE SWIM

SATURDAY

8:30AM -
9:45AM
LAP SWIM
FREE SWIM

9:45AM - 11:15AM
AQUA FIT ONLY

11:15 AM -
3:30 PM
LAP SWIM
FREE SWIM

LIFEGUARDS RESERVE THE RIGHT TO ASK ALL SWIMMERS TO SHARE LANES.

LIFEGUARDS RESERVE THE RIGHT TO ASK ANY MEMBER OR NON-MEMBER TO LEAVE THE
POOL AREA IF RULES ARE NOT BEING FOLLOWED.

ALL YMCA POOL RULES ARE IN ACCORDANCE WITH AND ADHERE TO GUIDELINES ESTABLISHED BY THE MUSCOGEE COUNTY HEALTH DEPARTMENT, THE STATE OF GEORGIA, AND THE CDC

JOHN P. THAYER YMCA

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