



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Effective August 4, 2025

# JOHN P. THAYER YMCA

# POOL SCHEDULE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CLOSED

6:00 AM –  
7:30 PM  
LAP SWIM  
FREE SWIM

4:10PM– 7:20PM  
SWIM LESSONS

6:00AM –  
9:45AM  
LAP SWIM  
FREE SWIM

9:45AM – 11:15AM  
AQUA FIT ONLY

11:15 AM –  
7:30 PM  
LAP SWIM  
FREE SWIM

6:00AM –  
7:30PM  
LAP SWIM  
FREE SWIM

4:10PM– 7:20PM  
SWIM LESSONS

6:00AM –  
9:45AM  
LAP SWIM  
FREE SWIM

9:45AM – 11:15AM  
AQUA FIT ONLY

11:15 AM –  
7:30 PM  
LAP SWIM  
FREE SWIM

6:00AM –  
7:30PM  
LAP SWIM  
FREE SWIM

8:30AM –  
9:45AM  
LAP SWIM  
FREE SWIM

9:45AM – 11:15AM  
AQUA FIT ONLY

11:15 AM –  
3:30 PM  
LAP SWIM  
FREE SWIM

LIFEGUARDS RESERVE THE RIGHT TO ASK ALL SWIMMERS TO SHARE LANES.  
LIFEGUARDS RESERVE THE RIGHT TO ASK ANY MEMBER OR NON-MEMBER TO LEAVE THE  
POOL AREA IF RULES ARE NOT BEING FOLLOWED.

**JOHN P. THAYER YMCA**  
24 14th Street Columbus, GA 31901  
(P): 706.322.8269 | (W): [www.columbusymca.com](http://www.columbusymca.com)

ALL YMCA POOL RULES ARE IN ACCORDANCE WITH AND ADHERE TO GUIDELINES ESTABLISHED BY THE MUSCOGEE COUNTY HEALTH DEPARTMENT, THE STATE OF GEORGIA, AND THE CDC